



Code of Honour

I, _____ hereby promise:

- I shall respect the person of each child, adolescent and young adult and support their development. I shall respect the individual feelings about closeness and distance, the privacy and the personal boundaries of modesty and shame of the children, adolescents and young adults entrusted to me as well as of other club members.
- I shall guide the children, adolescents and young adults in their self-realisation to adopt appropriate social behaviour towards other people. I want to educate them to behave fairly and respectfully both inside and outside the sports facilities towards people and animals, and guide them to behave responsibly towards nature and the world around us.
- I shall always adjust sporting and non-sporting activities to match the capabilities of the children, adolescents and young adults entrusted to me, and employ child and youth-friendly methods.
- I shall always try to create fair conditions for sporting and non-sporting activities for the children, adolescents and young adults entrusted to me.
- I shall respect the rights of the children, adolescents and young adults entrusted to me to physical integrity and exercise no forms of violence, whether of a physical, psychological or sexual nature.
- I shall ensure that the rules of the respective sport are respected. In particular, I shall act as a positive and active role model in the fight against doping and drug abuse as well as against any other type of performance manipulation or enhancement.
- I shall provide the children, adolescents and young adults entrusted to me with adequate opportunities for self- and co-determination during all sporting and non-sporting activities.
- I shall respect the dignity of every child, adolescent and young adults and promise to treat all young people, regardless of their social, ethnic and cultural origin, belief, religion, political beliefs, sexual orientation, age or sex equally and fairly as well as to firmly challenge discrimination of any kind and anti-democratic ideas.
- I want to be a role model to the children, adolescents and young adults entrusted to me, always impart the importance of complying with sporting and interpersonal rules, and act according to the principles of fair play.
- I commit myself to intervene when this Code of Honour is violated in my presence. I shall seek professional advice and assistance in a "conflict situation" and immediately inform those responsible at management level. The protection of minors shall always be the top priority.
- I promise that my relationship and contact with adult athletes shall be based on the values and norms of this Code of Honour.

With my signature I agree to uphold this Code of Honour.

Place and date

Signature